

Learning Prep School Lunch Menu

July/August

Monday	Tuesday	Wednesday	Thursday	Friday
10 Chicken Tenders Potato Puffs Whole Wheat Roll Ketchup, BBQ, Red Hot Apple	11 Cheese or Specialty Pizza Whole Wheat Crust Carrots Juice	12 Macaroni & Three Cheese Sauce Broccoli Fruit Du Jour	13 Field Trip! Franklin Park Zoo To-Go Lunch Ham & Cheese Sandwich or Cheese Sandwich	14
Alternate Lunch: Toasted Cheese Sandwich				
Breakfast of the Week: Cheerios GF , Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk				
17 Hamburger or Cheeseburger Krinkle Fries Carrot Sticks Apple	18 Turkey Taco Soft Shell with Cheddar, Salsa, Corn Pineapple	19 Ham & Cheese on Whole Wheat Pasta Salad Fruit Du Jour	20 Field Trip! To-Go Lunch Turkey Sandwich or Hummus Wrap	21
Alternate Lunch: Toasted Cheese Sandwich with sides or Hummus Wrap/ GFO Plate with Carrots and sides				
Breakfast of the Week: Cheerios GF , Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk				
24 Spaghetti with Meat or Marinara Sauce Broccoli Fruit Du Jour	25 Cheese or Specialty Pizza Whole Wheat Crust Carrots Juice	26 All Beef Hot Dogs Whole Wheat Roll Bean Salad Fruit Du Jour	27 Field Trip! King's Bowling Lunch Included!	28
Alternate Lunch: Toasted Cheese Sandwich with sides or Hummus Wrap/ GFO Plate with Carrots and sides				
Breakfast of the Week: Cheerios GF , Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk				
31 Chicken Tenders Krinkle Fries Whole Wheat Roll Ketchup, BBQ, Red Hot Apple	1 Chicken Taco Soft Shell with Cheddar, Salsa, Corn Pineapple	2 Cheese or Pepperoni Pizza! Whole Wheat Crust Carrot Sticks Vinaigrette Juice	3 End of Summer Celebration! Menu To Be Announced!	4
Alternate Lunch: Toasted Cheese Sandwich with sides or Hummus Wrap/ GFO Plate with Carrots and sides				
Breakfast of the Week: Cheerios GF , Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk				
To Go Lunches Include Bag of Baked Chips Fresh Fruit Water	This institution is an equal opportunity provider	Please inform your server if you have any food allergies	Menu is Subject to Change	