



Tuesday, October 11, 2016

Important Messages from the Nursing Office

As the leaves change and temperatures begin to drop, please make sure that your child comes to school with a jacket. All students must bring their jackets to lunch. They will go outside for recess if the weather allows. They also need their jackets to walk to the gym. Thank you for your attention to this matter.

Staying healthy during cold and flu season can be challenging. Here are some helpful tips for your entire family:

- Wash your hands. Frequent hand washing, using soap and warm water, can eliminate germs.
- Alcohol-based hand sanitizers are ok to use when your hands aren't visibly dirty, and/or you don't have access to a sink.
- Cough or sneeze into a tissue or your elbow, not your hands.
- Avoid touching your hands to your nose or mouth.
- Get plenty of sleep. Sleeping eight hours a night allows your body to keep up its defenses.
- Drink Water. Staying hydrated helps with flushing your system, improves digestion, removes phlegm from your airway and helps fight fatigue.
- Take time to exercise. Regular exercise helps to keep up your stamina.
- Don't forget your flu shot. Flu shots are being offered in your pediatrician's office, health clinics, and local pharmacies.
- Eat well and take your daily vitamins. Studies show that eating foods high in Vitamin C, Vitamin A and Zinc help to fight colds.
- Take time to relax. Meditation or just "down time" helps decrease stress.

Save the Date

October 12

No School - Yom Kippur

October 13

Anti-Bullying Presentation

October 14

HS Pajama Day

October 17

After School Programs Begin

Detailed Calendar of Events

http://www.learningprep.org/Calendar

If your child gets sick, here are some guidelines to follow. It is the policy at Learning Prep School to keep a child at home if s/he has:

- a fever over 100 degrees Fahrenheit during the past 24 hours
- a cold in the active stages: disruptive coughing, running nose, sneezing
- a sore throat and/or swollen neck glands
- an undiagnosed rash or skin eruption
- vomiting or diarrhea during the past 24 hours

It's important to stay home, get rest and to avoid spreading the illness. Please let your child's school know if you are keeping your child home because of illness.

Please refer to our <u>Learning Prep website</u> for the Flu Guide. If you have any questions or need to reach the Nursing Office, we can be reached at **617-965-0764 x410**.



Anti-Bullying Presentation for all Parents

Please join us on **Thursday, October 13th** from **8:30 A.M. - 10:00 A.M.** in the **High School Library** for an **Anti-Bullying Presentation** for parents.

Hear about:

LPS Bullying Prevention and Intervention Plan

Visit the new and improved Learning Prep Website!

www.learningprep.org

Contact Us

To submit news, comments, and events, please email lpsnewsletter@learningprep.org



Follow LPS on Twitter at @LearningPrep

- Student Version of the Plan
- What Bullying is, What it isn't
- How to Reinforce Bully Prevention Curriculum at Home
- Online Safety and Cyber-bullying

Presented by:

Matt Reera, DOS, High School and Susan Smith Powers, DOS, EMS

Please RSVP to Susan Smith Powers at spowers@learningprep.org

Learning Prep School Fall Greenhouse

The greenhouse is open for a visit or a purchase. Come in and see what the students are working on and growing. It has been a successful season for our garden to table program with over 500 lbs. of vegetables harvested and prepared by the Food Service program. During the past three years this program has grown over 1,500 lbs. of vegetables for the school lunches!

Get Out and Plant! Perennial Plant Sale

The nights are cool and the days are warm. Fall is the best time to plant your garden so it is ready for spring enjoyment. Beat the drought and plant your garden with native perennials, hardy plants, and edible perennials from our nursery and greenhouse. Prices range from \$2.00 - \$5.00.

Perennial Plant Swap!

Too many plants and not enough room in your garden? Do you have unique, interesting or tried and true plants that need to be divided? Pot them up and bring them in, and in turn we will give you a perennial plant back.

Hours:

Monday: 8 A.M. - 2:30 P.M.

Tuesday: 8 A.M. - 2:30 P.M. (Closed 12:45 P.M. - 1:30 P.M.)

Wednesday: 8 A.M. - 2:30 P.M. (Closed 12 P.M. - 12:45 P.M.)

Thursday: 8 A.M. - 2:30 P.M. (Closed 12 P.M. - 12:45 P.M.)

Friday: 8 A.M. - 2:30 P.M.

After School Programs Starting Soon!

We are excited to announce that our After School Program is starting in less than two weeks, on **Monday October 17th**. Please visit our website: www.learningprep.org/After-School-Programs to see which courses will be offered, and to download an application.

For any questions please contact **Alyson Humphreys**, After School Director, at <u>ahumphreys@learningprep.org</u>. Looking forward to having another great year!

The New Library Media Center has a New Librarian!

Learning Prep extends a warm welcome to Karen Makanui, who joined us as our full-time certified Library Media Specialist on Tuesday, October 4th. Karen has ten years experience with Elementary, Middle, and High School levels, including work with learning disabled students. She has a demonstrated track record of innovation, including a past assignment to run a 30-station Technology Room donated to a previous school by Michael Dell. Please join us in welcoming Karen!



New Technology Arriving Soon!

We are pleased to announce a significant step forward in the continuation of Learning Prep School's multi-year technology plan.

On or about **November 1**, we will begin introducing Chromebooks to our high school students, starting with 9th and 10th grades. With each student assigned a device that uses Google Apps For Education, our learners have an excellent platform on which they can develop their skills and prepare for life after high school. The device's touchscreens, keyboards, and assistive features represent a fresh approach to connecting our students to future opportunities.

Shortly thereafter, on or about Thanksgiving Break, the Elementary and Middle School academic classrooms, and Speech rooms, will be completely outfitted with iPads.

We are very excited to provide our students with the technology resources that can powerfully support their learning. We hope you will agree this is another great example of Learning Prep School educating students for life!

Attention E/MS Families - Please Complete

We are still looking for everyone to complete the Policies and Procedures signature page from the student manual. As a reminder, you can find the most updated Policies and Procedures Manual on our website at:

http://www.learningprep.org/page-1075195.

Please print off the last page of the document and return the signature page to your child's health teacher as soon as possible.

Stay Connected with LPS!

Our website continues to be updated with new information about upcoming events, the parent newsletter, and our family and teacher directories. The directories are useful communication tools to reach other parents or a teacher or staff member at Learning Prep. These directories are accessible by parent login only. The current LPS newsletter and archives are also accessible on the site in the password-protected area.

The primary parent e-mail address provided to LPS during the summer registration process is used to login. If you did not provide one, or are not sure which e-mail you provided as the primary, please don't hesitate to call **Peggy at 617-965-0764** or e-mail **Debby Worcester** at <u>dworcester@learningprep.org</u>.

Directions for login:

- 1. Visit www.learningprep.org
- 2. Click the blue box in the upper right.
- 3. If you have never logged in or have forgotten your password, click the "Forgot Password" link under the login and follow the directions.
- 4. Login with the primary e-mail address provided to LPS during registration and your password.
- 5. Once you are logged in, click "Parents" in the blue navigation bar and then "Parent Resources." When you are logged in you will see the directories and the newsletters listed here.

Family Directory:

The directory is a tool to support family communication. The information published in the directory is general address and contact information. Our policy is to obtain express approval to publish your contact information in the directory. If your family is not visible in the directory and you would like it be visible only to other LPS parents, please send us approval.

Any questions about the web site can be directed to **Barry Burlingham** at <u>bburlingham@learningprep.org</u>.

Attention Senior Graduating Class of 2017...

Below is some initial information regarding the yearbook for the students in the Class of 2017. More information will be posted as the school year progresses.

Each student in the class of 2017 has the opportunity to use a portrait picture taken by a photographer/studio, other than the school photographer, as their school picture in the yearbook, if they choose. Pictures must be submitted in the form of a PRIVATE photo share website or REPLAY IT app (instructions were given to the students in school), emailed to <code>kscorzella@learningprep.org</code>, or any size picture, to Kaitlin Scorzella no later than **November 18, 2016**. If we do not receive an alternate school picture by the due date, we will use the picture in the yearbook that was taken at school.

Also, students in the class of 2017 have the option of creating their own page in the yearbook. The deadline to submit pictures for this page is **November 18**, **2016**. The pictures may also be submitted in the form of the website or REPLAY IT app, emailed to the above email address, or any size picture to Kaitlin Scorzella. After pictures are submitted, students will be able to create their pages with the assistance of a yearbook advisor.

In January, parents will be notified by mail about another special section of the yearbook. Letters will go out to them. If you have any questions or concerns, please feel free to call **Kaitlin Scorzella at ext. 213**.



Learning Prep School is an innovative school for students with language and learning challenges. Understanding that language skills are the basis for all learning, LPS's unique curriculum integrates the teaching of language skills in all subjects.

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