

## Learning Prep School

March 2018

### Lunch Menu

**Prices:** Student Lunch: \$3.25, Staff Lunch: \$3.50, Student Breakfast: \$1.25, Staff Breakfast: \$1.50, milk: \$1.00.  
All meals served with 1%, white skim, or chocolate skim milk. Menu subject to change.

**Alternate Lunch Choices each Day:** Toasted Cheese Sandwich with sides or Hummus Wrap/Gluten free Hummus Plate

\*\*Gluten Free/Gluten Free available

**Breakfast Choices each Day:** Cheerios GF, Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1  Meatball Sub Salad Fruit	2  Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
5  Fish Sticks Oven Fries Broccoli Fruit	6  Turkey Tacos Rice and Beans Salsa Fruit	7  <b>½ Day Early Release 11:30</b>	8  Egg, ham and cheese on a whole grain bagel Tater Tots Fruit	9  Meat/Cheese/Veg Calzones made on Whole Wheat Crust Marinara Fruit Carrot Sticks
12  Corn Dogs Potato Wedges Broccoli	13  Ground Beef Tacos On a soft shell with cheese and salsa Corn Fruit	14  Chicken Parmesan Pasta Green Beans Garlic Bread Fruit	15  Chili con Carne Corn Bread Fruit	16  Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
19  BBQ Riblet Sandwich Onion Rings Peas Fruit	20  Chicken or Cheese Quesadillas Spicy Corn and Black Bean Salad Fruit	21  Lasagna Salad Fruit	22  Buffalo or Chicken Caesar Wrap Celery Sticks Fruit	23  Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
26  Hot Dog Baked Beans Fruit	27  Soft Chicken Tacos Brown rice, Peppers and Onions, salsa and cheese Fruit	28  Pasta with Meat or Marinara Sauce Spinach Fruit	29  Meat Loaf Mashed Potatoes Corn Fruit	30  <b>No School Good Friday</b>

**This institute is an equal opportunity provider. Please inform your server if you have any food allergies.**