

## Learning Prep School

**February 2018**



### Lunch Menu

**Prices:** Student Lunch: \$3.25, Staff Lunch: \$3.50, Student Breakfast: \$1.25, Staff Breakfast: \$1.50, milk: \$1.00.  
All meals served with 1%, white skim, or chocolate skim milk. Menu subject to change.

**Alternate Lunch Choices each Day:** Toasted Cheese Sandwich with sides or Hummus Wrap/Gluten free Hummus Plate

\*\*Gluten Free/Gluten Free available

**Breakfast Choices each Day:** Cheerios GF, Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Ham and Cheese sandwich Green Beans Fruit	2 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
5 Hamburger, Cheese Burger, or Veggie Burger Oven Fries Fruit	6 Pork Carnitas Rice and Beans Salsa Fruit	7 Macaroni and Cheese Broccoli Fruit	8 French Toast Sticks Sausage Sweet Potato Hash Fruit Syrup	9 Meat/Cheese/Veg Calzones made on Whole Wheat Crust Marinara Fruit Carrot Sticks
12 Popcorn Chicken Mashed Potatoes Corn Fruit	13 Ground Beef Tacos On a soft shell with cheese and salsa Bean Salad Fruit	14 Chicken, whole wheat pasta and broccoli in a light vegetable sauce Fruit	15 Hot Turkey Sandwiches Spinach Fruit	16 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
<b>February Recess</b>	<b>February Recess</b>	<b>February Recess</b>	<b>February Recess</b>	<b>February Recess</b>
26 Toasted Cheese Tomato Soup Potato Wedges Fruit	27 **Chicken Burrito Bowl Brown rice, kidney beans, salsa and cheese	28 Pasta with Meat or Marinara Sauce Spinach Fruit	1 Meatball Sub Salad Fruit	

**This institute is an equal opportunity provider. Please inform your server if you have any food allergies.**