

Learning Prep School

February 2019

Lunch Menu



Prices: Breakfast and Lunch are available each day.

All meals served with 1% white or chocolate skim milk. Menu subject to change.

Alternate Lunch Choices each Day: Toasted Cheese Sandwich, Garden Salad with Chicken (T-F) or Greek Salad(T-F)

Introducing gluten free pasta, rolls and pizza!

Breakfast Choices each Day: Cheerios GF, Blueberry Muffin, or Toasted Bagel with Cream Cheese, Fruit, Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
4 BBQ, Bacon and Chicken Sandwich Curly Fries Minestrone Soup Fruit	5 ½ Day	6 Pork Marsala Mashed Potatoes Spinach Fruit	7 Egg, Bacon and Cheese on a Homemade Biscuit Home fries Fruit	8 Calzones (Cheese and Specialty) made on Whole Wheat Crust Marinara Fruit
11 Rodeo Burger Vegetable Fruit	12 Chicken in a soft shell with cheese, Salsa Bean Salad Fruit	13 Chicken Piccata Roasted Potatoes Vegetable Fruit	14 Matt B's Meatloaf Mashed Potatoes Gravy Corn Fruit	15 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
18 February Recess	19 February Recess	20 February Recess	21 February Recess	22 February Recess
25 **Orange Chicken Broccoli Rice Fruit	26 Ground Turkey Tacos On a soft shell with cheese and salsa Spicy Corn and Bean Salad Fruit	27 Student Choice! Put your vote in by Friday, February 15th	28 Turkey and Cheese Wrap Baked Potato Bar Fruit	

This institute is an equal opportunity provider. Please inform your server if you have any food allergies.

