

Learning Prep School

March 2019

Lunch Menu

Prices: Breakfast and Lunch are available each day.

All meals served with 1% white or chocolate skim milk. Menu subject to change.

Alternate Lunch Choices each Day: Toasted Cheese Sandwich, Garden Salad with Chicken or Greek Salad

Breakfast Choices each Day: Cheerios GF, Blueberry Muffin, or Toasted Bagel with Cream Cheese, Fruit, Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
4 Chicken Tenders Fries Roll Broccoli Fruit	5 Chicken Tacos with a corn black bean salsa and cheese Fruit	6 Macaroni and Cheese Green Beans Fruit	7 French Toast Sticks Sausage Home Fries Fruit	8 Calzones (Cheese and Specialty) made on Whole Wheat Crust Marinara Fruit
11 Ham and Cheese Sandwich Vegetable Fruit	12 Beef Empanadas Rice and Beans Fruit	13 Chicken and Vegetable Pesto Primavera Fruit	14 Bacon, Egg and Cheese on an English Muffin Hash Browned Potatoes Fruit	15 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
18 Jayden's Mozzarella Sticks Spinach Fruit	19 Chicken and Cheese Enchiladas Refried Beans Fruit	20 ½ Day	21 Grilled Buffalo Chicken Sandwich Sweet Potato Fries Corn Fruit	22 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
25 Sausage, Peppers and Onions on a Roll Vegetable/Fruit	26 Pork Carnitas Peppers and Onions Rice Fruit	27 Rigatoni Bolognese Spinach Fruit	28 California Turkey Club Fries Fruit	29 Calzones (Cheese and Specialty) made on Whole Wheat Crust Marinara Fruit

This institute is an equal opportunity provider. Please inform your server if you have any food allergies.

