

Learning Prep School

May 2018

Lunch Menu

Prices: Student Lunch: \$3.25, Staff Lunch: \$3.50, Student Breakfast: \$1.25, Staff Breakfast: \$1.50, milk: \$1.00.

All meals served with 1%, white skim, or chocolate skim milk. Menu subject to change.

Alternate Lunch Choices each Day: Toasted Cheese Sandwich with sides or Hummus Wrap/Gluten free Hummus Plate

**Gluten Free/Gluten Free available

Breakfast Choices each Day: Cheerios GF, Rice Krispies GF or Toasted Bagel with Cream Cheese or Hummus, Fruit, Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Burrito Sweet Potato Home Fries Fruit	2 Chicken and Vegetable Pesto Primavera Fruit	3 Chicken Teriyaki Rice Broccoli Pineapple	4 Cheese or Specialty Pizza Whole Wheat Crust Celery Sticks Vinaigrette
7 Fish Sticks Oven Fries Broccoli Fruit	8 Chicken Fajitas Peppers and Onions Beans Salsa Fruit	9 Macaroni and Cheese Peas Fruit	10 French Toast Sticks Bacon Home Fries Fruit	11 Meat/Cheese/Veg Calzones made on Whole Wheat Crust Marinara Fruit Carrot Sticks
14 Popcorn Chicken Mashed Potatoes Corn Fruit	15 Chicken Tacos On a soft shell with cheese and salsa Black Beans Fruit	16 Meatballs and Rotini Salad Fruit	17 Turkey and Cheese Wrap Pasta Salad Spinach Fruit	18 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
21 Chicken Tenders Fries Roll Broccoli Fruit	22 Ground Beef Tacos Kidney Beans Lettuce and Tomato Fruit	23 Stuffed Shells Salad Bread Stick Fruit	24 Roasted Turkey Mashed Potatoes Corn Fruit Roll	25 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
28 Memorial Day No School	29 Chicken Quesadilla Corn and Bean Salad Fruit	30 Pasta with Meat or Marinara Sauce Spinach Fruit	31 Bacon, Egg and Cheese on a Biscuit Sweet Potato Hash Browns Fruit	1 

This institute is an equal opportunity provider. Please inform your server if you have any food allergies.